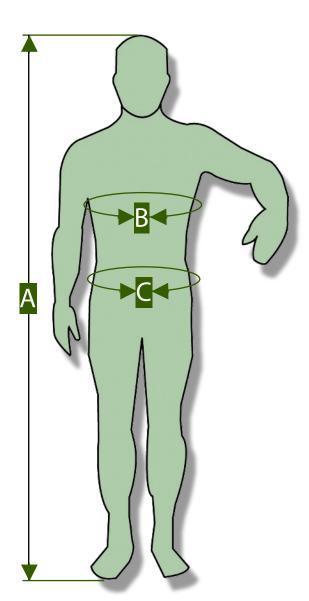
CE Garment Size Chart





All Lakeland CE certified products are generously sized and ergonomically styled to maximise comfort, durability and freedom of movement.

Size designation is according to the requirements detailed in EN ISO 13688:2013 (Protective Clothing - General Requirements: replacement of previous standard EN 340) and are defined in the table below. Measurements are in cm.

| Size Designation | A Body height | B Chest Girth | C Waist Girth |
|---------------------|------------------|------------------|-------------------------|
| S | 164-170 | 84-92 | 82-88 |
| М | 170-176 | 92-100 | 88-94 |
| L | 176-182 | 100-108 | 94-100 |
| XL | 182-188 | 108-116 | 100-106 |
| 2XL | 189-194 | 116-124 | 106-112 |
| 3XL | 194-200 | 124-132 | 112-114 |

Note that measurements shown are the body dimensions of the wearer and not the actual dimensions of the garment.

Coveralls are normally sized according to Body Height (A) and Chest Girth (B), whilst some, such as pants, may also be sized according to Waist Girth (C).

Lakeland Super-B Style

Lakeland CE coveralls use the "Super-B" styling which consists of a unique combination three features:

1. Three-Piece hood with tapered centre panel

Whist some garments consist of just two pieces, the Super-B hood consists of 3. Further the centre panel is tapered to points at front and back. This creates a much more rounded 3-D shape which fits the head better, fits to respirator masks more effectively and allows greater freedom of movement

2. Inset Sleeves

Where most European garments use the cheaper "bat-wing" design, in which the body forms a diagonal join with the arm, the Super-B pattern uses inset sleeves in which the garment follows the shape of the body more closely. This allows greater freedom of movement and reduces pulling on sleeves and crotch when the user reaches upwards, thus improving comfort and durability and removing the need for thumb loops.

3. Crotch Gusset

A garment is only as strong as its seams, and the crotch, where four seams meet together, is always the weakest point. Super-B garments feature a diamond shaped crotch gusset. This creates a more 3-D shape allowing greater freedom and spreading the stress so improving durability.

The unique combination of these three elements in the Super-B style makes a Lakeland CE garment one of the most ergonomically designed in the world with superior comfort, durability and freedom of movement.